**How to buy Crypto's.**
1)  Set up (and fund) a [Coinbase Account](http://bit.ly/2yPdeZj) [Here.](http://bit.ly/2yPdeZj)

**How to Transfer From Bitcoin to Altcoins / Tokens.**
1)  Set up GDAX account (which is the Coinbase Exchange).
2)  Transfer Coins you would like to trade from Coinbase to GDAX Exchange.
2) Set up an account with an exchange that holds the altcoin you would like to buy.   ([Binance](http://bit.ly/2BaebZV%22%20%5Ct%20%22_blank) and Bittrex are popular exchanges that hold hundred of different coins or tokens)
3)  Transfer from GDAX to altcoin exchange you chose.